



# NEW BRITAIN SENIOR CENTER

55 PEARL ST. NEW BRITAIN, CT 06051

PHONE: 860.826.3553 | FAX: 860.826.3557

## Golden Notes Newsletter

***November 2021***

Each entrance now has check in stations! Please use your new membership card to “check-in”!

Just scan your card, select the reason you're at the Senior Center and then click ‘save’! Its that simple.

If you have any questions, please ask the front desk!



For more information, please call the Senior Center at 860.826.5291, M– F from 9:00am to 4:00pm

# **UPDATED NEW BRITAIN SENIOR CENTER PROTOCOL**

The City is continuing to follow the CDC guidelines for mask wearing. Most recently, the CDC has issued a recommendation that in areas of substantial or high transmission, all individuals should wear a mask in public indoor places, even if they are fully vaccinated. The current average daily rate for New Britain is 19 cases per 100,000 people and updated each Thursday. Currently we are considered high transmission. The Health Department is closely monitoring the daily rate of cases among New Britain residents and will continue to do so.

Please note:

- If you are fully vaccinated and are more comfortable wearing a mask, please feel free to do so.
- If someone else requests that masks are worn in a given area, we ask that you are respectful of others' space and abide by their request.
- Please continue to wash your hands and use hand sanitizer.
- Please continue to monitor your health and watch for symptoms of COVID-19. If you display symptoms of COVID-19 after visiting the New Britain Senior Center, please contact us immediately.

**PLEASE CONTINUE TO STAY HOME IF YOU ARE SICK!**

New Britain Senior Center presents:

**It's finally  
here!**

# **COVID-19 Booster Shots**

**(Moderna only)**

**Friday  
NOV 5th**

**By appointment  
only**

**Location:  
New Britain Senior Center,  
Cafeteria**



## **Required items:**

- ☐ **Valid ID**
- ☐ **Vaccination card**

**Note:** Must be at least 6 months  
past from 2nd vaccination

**Call (860)826-3553 for an appointment!**



## **New Offerings!**

**GET YOUR COVID-19 BOOSTER SHOT! MODERNA ONLY**

**Friday, November 5th—Senior Center Cafeteria**

**Call 860.826.3553 to book your appointment time (See Flyer in Back)**

**Gardening and Cooking Classes with Nic! 11:00am in the Cafeteria**

**Tuesday, November 2—Microgreens Class**

**Thursday, November 4—Harvesting Seeds**

**Wednesday, November 10—Cooking (to be announced)**

**Target Shopping Trip—Friday, November 19th —Morning Departure**

Limited Availability—Please call at least two days ahead to register.

**Art Class NEW TIME—NOW ON THURSDAYS at 1:00pm in the Card Room**

**Senior Hand Made Crafts for Sale—**Be sure to check out the showcase near the front desk and see the great crafts for sale. Support our craft group and purchase quality items!

**SAVE THE DATE—2021 Annual Holiday Bazaar—Friday, December 10th at 10:30!**

**New Member Open House—Wednesday, November 17th at 11:00am**



## **New Offerings Continued...**

### **Senior Book Club—Tuesday, November 16th in the Library at 1:30pm**

Nov 16 Being There - Jerzy Kosinski

|

Dec 21 Wine girl : the obstacles, humiliations, and triumphs of America's youngest sommelier / Victoria James

### **Line Dancing Is Back!**

Mondays and Tuesdays at 10:30am—Massachusetts Room

Please sign up at Front Desk!

### **Zumba Gold is BACK @ A NEW TIME—Thursdays from 9:00am to 10:00am**

Thursdays at 10:00am in the Massachusetts Room

Please sign up at front desk

### **\*NEW PROGRAM\* The New Britain “CLEAN BREAK” Billiards Club**

The New Britain Senior Center is starting its First Ever Billiards Club!

Begins Tuesday August 3rd in the Card Room/ Pool Room

Tuesdays and Thursdays from 1:00pm to 3:00pm

CALL TO SIGN UP OR JUST COME DOWN ON A TUESDAY OR THURSDAY!

### **Death Café Group—Monday, November 15th—11am**

You are invited to be part of an open non-judgmental get together. The aim of this get together is to increase awareness about Death and have thought provoking conversations as a group to help you to make the most out of your Life now. Please join us in a relaxed, and safe setting to discuss views and experiences on Death and aspects of how it relates to our Lives and impacts those around us.

### **Wreath Making (EVENING CLASS) OPEN TO PUBLIC!**

### **\$20.00 p/p—Wednesday, November 17th at 5:30pm in the Senior Center**

Enjoy some hot coco, festive songs and great instruction to make your holiday wreath! Supplies Provided! Call 860.826.3553—bring your friends and family along!



## **New Offerings Continued...**

**Bowling Field Trip to Lessard Lanes! \$10 for Lunch, Bowling and Mini Golf**

**Tuesday, November 16th—For first 12 registered, sign up at front desk.**

Join us for a day at the lanes. The senior center bus will depart at 9:30am to Lessard Lanes in Plainville. For \$10 each participant will receive one game of mini golf, two bowling games and coffee and pizza.

**Healthy Balance Chair Yoga—Tuesdays from 1:00pm to 2:00pm**

**Join us for a second Yoga Class with Patricia Reville!**

**Computer Help with Juliana—Every Friday from 10:00am to 2:00pm**

Questions about the computer or phone? Need some help printing or retrieving an email? Please stop by on Friday's to meet with CCSU Intern, Juliana. She will be happy to assist you! Call the front desk to sign up for a time.

**Shuffleboard and Cornhole League—Space Still Available!**

Looking for some friendly competition and comradery? Join our shuffleboard/ cornhole league. No experience required. Teams of two will compete against other teams each week. Join as a single and we will find you a pair, or sign up with your partner. Don't miss out! Call Rex at 860.826.5291 for more information.

**Volunteers Needed for Apple Pie Making! NO EXPERIENCE REQUIRED!**

**Thursday, December 9th from 9:00am to 3:00pm—Any support would be great, please sign up at front desk!**

# Golden Notes Newsletter

## Senior Center Information

<b>Location:</b>	55 Pearl Street, New Britain, CT 06051
<b>Contact Information:</b>	Phone: 860.826.3553   Fax: 860.826.3557 Website: newbritainct.gov
<b>Hours of Operation:</b>	Monday—Friday   8:15am to 4:00pm
<b>Membership Info:</b>	Join Mon-Wed-Fri   1:00pm to 3:00pm   Age 60+
<b>Membership Cost:</b>	Residents: \$3.00 for lifetime membership! Non-Residents: \$10.00 per year

## TO GO MEALS AVAILABLE

CW Resources is providing to-go meals for pickup only. If you are interested, please call 860.826.3553 to reserve your lunch.

Lunch pickups are Monday, Wednesday & Friday Between 11:30am and 12:30pm. You may pick up your meals in the back of the senior center by the greenhouse.



- On Mondays, you will receive Monday's and Tuesday's Meal.
- On Wednesdays, you will receive Wednesday's and Thursday's Meal.
- On Fridays, you will receive Friday's Meal.

You must call one week in advance to reserve your meals. Masks must be worn at all times while picking up your meal. Meals are not allowed to be consumed inside the building until further notice.

Weekly Menus are available one week in advance. Call the Senior Center or pick up the menu during serving hours.

# Golden Notes Newsletter

## DIAL-A-RIDE SERVICE

Need a ride? We'll pick you up! At least a two day notice is required for rides to the Senior Center, medical appointments, and other destinations at any time within the month. Call 860.826.3555 for an appointment. There is a suggested donation of \$1.50 each way.



**Must be over 55 years old to participate**

## FOOT CARE SERVICES

Sue is still available. To continue her foot clinic at the New Britain Senior Center, please call her directly at 860.538.1481 to make an appointment. Please be aware of all safety protocols.

Appointments are held every Monday.

## THRIFT SHOPPE NOW OPEN!

*Something old...Something new...*

**Something SPECIAL...Just for You!**



**THRIFT SHOPPE**

*Located at*

**The New Britain Senior Center**  
55 Pearl Street, New Britain  
**Mondays – Tuesdays – Thursdays**  
9:30 a.m. – 2:00 p.m.

**Featuring an elegant display of items for you to enjoy!**

*Proceeds benefit CCARC's Services for people with disabilities*

*Accepting donations of new or gently used handbags, wallets, jewelry, fashion accessories and decorative household items.*

*Contact Susan Yeagle at 860-229-6665 [syeagle@ccarc.com](mailto:syeagle@ccarc.com)*

The New Britain Senior Center Present:

# **Bowling** & **Mini Golf**

**Date/Time:** Tuesday, November 16th  
10AM - 1PM

**Location:** Lessard Lanes  
196 New Britain Avenue  
Plainville, CT 06062

## **MEMBERS ONLY**

- Maximum attendees: 12
- \$10 fee per person
- Lunch will be provided!

Bus Pickup at 9:30AM

New Britain Senior Center



The New Britain Senior Center Presents:

# New Member Open House!

Interested on joining the  
New Britain Senior Center?

## Join us for an open house!

Held the third Wednesday  
of each month!

11AM - 1PM

Pre-register at the front desk!



**NEW BRITAIN SENIOR CENTER**

## Agenda:

- Informational session on senior center membership benefits
- Overview of the programs
- Tour of the facility
- Complementary lunch
- Live music entertainment (attendees are welcome to stay)

Sign-up in the end  
&  
become a member!

*The New Britain Senior Center Presents:*

**- FALL 2021 -**

# **CORNHOLE & SHUFFLEBOARD LEAGUE PLAY**



**MEMBERS ONLY || FREE TO JOIN || CO-ED ||  
TEAMS OF 2 || PRE-REGISTRATION REQUIRED**

**GAMES HELD EVERY FRIDAY FROM 9:00AM TO 11:30AM  
BEGINS FRIDAY, OCTOBER 15<sup>th</sup>**

**CONTACT (860) 826-3553 FOR MORE DETAILS**

# Golden Notes Newsletter

## SENIOR CENTER MASKS FOR SALE AT FRONT DESK!

ONLY \$5.00 PER MASK

LIMITED QUANTITIES

Available for purchase at the front desk of the New Britain

Senior Center (55 Pearl Street, New Britain, CT).

ALL PROCEEDS GO TOWARDS SENIOR CENTER PROGRAMMING



## GOLDEN NOTES SUBSCRIPTIONS

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make checks payable to the New Britain Senior Center

Return to:

**Golden Notes**  
**New Britain Senior Center**  
**55 Pearl Street**  
**New Britain, CT 06051**

Annual Mailing Fee: \$6.00

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	1		2		3		4		5
8:30am-9am Fitness w/ Chris (Session 1) 9am-11am Dominoes Group 9:15am-9:45am Fitness w/ Chris (Session 2) 10am-10:30am Fitness w/ Chris (Session 3) 10:45am-11:15am Line Dancing (Session 1) 1pm-3pm Bingo	8:30am-9am Fitness w/ Chris (Session 4) 9am-12pm Craft Group (Session 1) 9am-11am Dominoes Group 9:15am-9:45am Fitness w/ Chris (Session 5) 10am-10:30am Fitness w/ Chris (Session 6) 10:45am-11:15am Line Dancing (Session 2) 11am-1pm ROOTS Crafts & Cooking Class 1pm-3pm Clean Break Billiards Club 1pm-3pm Craft Group (Session 2) 1pm-2pm Healthy Balance Chair Yoga 1pm-2pm Wii Bowling	9am-11am Dominoes Group 9am-3pm Pinochle Group (Session 1) 10am-11am Tai Chi & Qigong 1pm-3pm Afternoon Dancing	9am-11am Dominoes Group 9am-3pm Pinochle Group (Session 1) 10am-11am Tai Chi & Qigong 1pm-3pm Afternoon Dancing	8:30am-9am Hot Steppers Walking Group 9am-12pm Craft Group (Session 1) 9am-11am Dominoes Group 9am-10am Zumba Gold 10am-11am Chair Yoga 11am-1pm ROOTS Crafts & Cooking Class 12pm-4pm Pinochle Group (Session 2) 1pm-2pm Art Class 1pm-3pm Bingo 1pm-3pm Clean Break Billiards Club 1pm-3pm Craft Group (Session 2)	9am-11:30am Cornhole/Shuffleboard League 9am-11am Dominoes Group 9am-12am COVID-19 Booster Clinic (Session 1) 10am-2pm Computer Help 1pm-4pm COVID-19 Booster Clinic (Session 2)				
8:30am-9am Fitness w/ Chris (Session 1) 9am-11am Dominoes Group 9:15am-9:45am Fitness w/ Chris (Session 2) 10am-10:30am Fitness w/ Chris (Session 3) 10:45am-11:15am Line Dancing (Session 1) 1pm-3pm Bingo	8:30am-9am Fitness w/ Chris (Session 4) 9am-12pm Craft Group (Session 1) 9am-11am Dominoes Group 9:15am-9:45am Fitness w/ Chris (Session 5) 10am-10:30am Fitness w/ Chris (Session 6) 10:45am-11:15am Line Dancing (Session 2) 1pm-3pm Clean Break Billiards Club 1pm-3pm Craft Group (Session 2) 1pm-2pm Healthy Balance Chair Yoga 1pm-2pm Wii Bowling	9am-11am Dominoes Group 9am-3pm Pinochle Group (Session 1) 10am-11am Tai Chi & Qigong 10:30am-4pm A BOB HOPE USO-STYLE TRIBUTE 11am-1pm ROOTS Crafts & Cooking Class 1pm-3pm Afternoon Dancing	9am-11am Dominoes Group 9am-3pm Pinochle Group (Session 1) 10am-11am Tai Chi & Qigong 11am-1pm NEW MEMBER OPEN HOUSE 1pm-3pm Afternoon Dancing	CLOSED Veterans' Day		9am-11:30am Cornhole/Shuffleboard League 9am-11am Dominoes Group 10am-2pm Computer Help			
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ACTIVITY CALENDAR  
NOVEMBER 2021

NEW BRITAIN SENIOR CENTER

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